



# The Eden Rehabilitation Project

A free support package to help patients get home from hospital sooner.

Eden District Council is funding a free of charge care alarm and emergency response package for 13 weeks to individuals discharged from hospital.

A care alarm provides peace of mind and is a quick and simple way of getting help 24 hours a day at the press of a button if there is an accident or emergency in the user's home. The project provides additional support through its response service where a member of our team will attend to the customer in their home if they need help (not a lifting service).

- Are you planning to discharge a patient but concerned how they will cope at home?
- Would a care alarm make discharge easier and quicker to organise, and prevent potential re-admittance?

*Eden*  
District Council

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## Who is the service for?

The project is specifically designed to help people following an illness or trauma and a period in hospital.

## Who can refer?

We accept referrals from Cumberland Infirmary and community hospitals in Penrith, Alston and Keswick as well as Eden Valley Hospice, Macmillan, Penrith Day Hospice and third sector organisations.

## How does it work?

Once a referral is received we visit the patient to install the alarm and explain how it works. At the end of the 13 weeks the patient can return the alarm or continue with the service paying Welbeing directly for it.

**If you would like to refer a patient please call us on 01323 644422 or email [info@welbeing.org.uk](mailto:info@welbeing.org.uk)**

“ Thank you for your help installing an alarm for Dad when he was terminally ill. You gave us peace of mind in the knowledge that he could contact us and indeed had to do so on one occasion before he was admitted to Eden Valley Hospice where he died peacefully. You provide a wonderful service for the people of Eden – often at very difficult times for families. Congratulations and sincere gratitude.”