Keswick Flood information Bulletin Issue 11 From 25th February 2016

Help & Support available in Keswick and surrounding areas

Flood Drop-in at Greta Gardens Bistro

The Drop In at Greta Gardens which has been staffed by volunteers following the floods in December will finish at the end of February (last session Saturday 27 February). Complementary tea, coffee and soup in the bistro will also end on 27 February.

 Sally Scales, Cumbria County Council will at The Greta Gardens Bistro on Tuesdays and Fridays 12 noon until 3pm to assist with property registration, funding, need help to replace lost items eg furniture, kitchen equipment and assist with access to offers of help as well as other flood recovery related enquiries. PLEASE let us know if there is anything we can do to support you in your recovery efforts.

PLEASE NOTE: Sally will not be at Greta Gardens on Tuesday 1 March

Still Cleaning up

Do you need any help clearing your house or garden or cleaning products to clean up your home or garden come to Greta Gardens Bistro drop-in and let us know or contact street Friends HQ (see Below). Alternatively call into Keswick Library.

• Refuse Collection

Building materials should be appropriately disposed of by private contractors and will no longer be collected.

Silt can be collected into bags (available from Keswick Town Hall) and left on the boundary of you property to be collected. (bags should be able to belifted by one person)

Keswick 'Street Friends'

Teams of 'Street Friend' volunteers are regularly visiting the flooded areas of Keswick offering a friendly ear helping to identify and direct individual needs or problems to the right group or organisation to get the most appropriate assistance. Street Friends Headquarters is at Crosthwaite Parish Rooms. If you would like to volunteer to become a 'Street Friend' or if you would like to request a visit from a 'Street Friend' please contact the 'Street Friend HQ on:

Tel: 01768771187 or Email: admin@crosthwaitechurchkeswick.co.uk

Keswick Community Emergency Recovery Partnership

Employment Opportunity

Self Employed Administration Support Officer

30-60 hours per month as required for first six months then will be reviewed Flexible hours and some home working possible. Pay negotiable dependant on experience.

To apply, send covering letter & CV to **keswickfloodrecovery@gmail.com**Closing date for applications Thursday 25th February. Interviews will be held on Thursday 3rd
March

Greta Garden Bistro

Employment opportunity

If you are interested please contact Jackie on 07734698636 to discuss (hours 10am-3pm daily Monday to Friday)

A591 Shuttle-bus service

The new Keswick to Grasmere A591 shuttle-bus is now in operation

The bus service will connect with existing bus services at Grasmere. It will operate on an hourly basis from 7am until 7pm six days a week, with a two hourly service on a Sunday between 10am and 5pm, and offer a journey time of 45 minutes; cutting the existing journey time between the two locations by almost two hours. Buses will leave Keswick at 5 minutes past the hour and leave Grasmere at 10 minutes to the hour (apart from the first bus of the day which will depart at 7am).

Users of the service will also benefit from significantly reduced ticket prices with Dayrider passes covering the two locations priced at £5 (previous equivalent of £10.80) and weekly Megarider tickets priced at £20 (previously £27.30).

Pick up and drop off points will be at all the usual 555 service stops, with the exception of those between Wythburn Church and the Dam road end (the closed section of the A591 alongside Thirlmere).

The bus will bypass the damaged sections of the A591 beside Thirlmere by using the minor road along the western shore of the reservoir; it will then cross the A591 at the bottom of Dunmail Raise and proceed up the temporary road before reconnecting with the A591 at the summit of Dunmail Raise. The road was designed by the council's contractors Capita and is being built by local firm Thomas Armstrong Ltd.

While the temporary road will not be open to private vehicle traffic, the potential for this to happen has not been ruled out. Given the temporary nature of the road, engineers have advised that there should be a period

of time allowed to monitor the impact of the shuttle-bus on the road's integrity before any decision can be made about allowing higher volumes of traffic to use the road.

Do you want to relax and escape from the tensions of a flooded home or business?

Complimentary Reiki sessions will now be available on Saturdays starting Saturday 20th
 February at Greta Garden's activity room:

10am -12 Noon

Free half Hour 'Reiki for Relaxation' sessions by Nicky Forbes and colleagues:

Practitioners will be offering half hour Reiki sessions to support the relaxation wellbeing of those affected by the floods. Reiki is a gentle, natural therapy that helps the body and calms the mind. It helps reduce stress, relieve anxiety and generally support you when energy levels are low. You can receive Reiki sitting in a chair or lying on a couch where ever is more comfortable for you. It is a safe and gentle therapy suitable for everyone including babies, pregnant women, frail or elderly.

Bookings are not being taken all we ask is that you come along between 1pm-3pm you may have a short wait with a cuppa until a practitioner finishes a client.)

Greta Gardens Activities Room LET GO & RELEASE the negative effects of emotional stress & trauma through simple, gentle body movement.
 EVERY FRIDAY 1 - 3 pm in small group sessions led by Karen Douglas de Fenzi ~ from Friday 26 February onwards. In support of anyone affected by the floods, including supporters and volunteers too, Karen Douglas de Fenzi will be offering you a gentle sequence of nourishing body movements to help you relieve tension throughout your whole body, relax the mind and restore your feeling of health and wellbeing, in difficult times. Your sense of wellbeing and resilience can be enhanced through practice of the effortless somatic movements that Karen softly talks you through.

The movements are accessible to all irrespective of age, mobility and previous level of physical activity. It doesn't matter if you arrive late, just join in and enjoy the relaxation, rejuvenation and release, for yourself

New 'Link up and Laugh' group with Age UK

Wednesdays 1-3pm Greta Gardens Activity Room no booking required just turn up

Calm The Mind

Flood victims are welcome to join the U3A meditation group on Mondays 9.30am-10.30am in the activities room at Greta Gardens. Free sessions, don't need to be a member, just turn up. Of the session Heleen Franken-Gill

'Flood Funding' available

If you still haven't applied for funding to help you recover following the floods then there is still time.

Make sure you get the money you are entitled too.....

Whether you are a resident or a business there are a number of different grants that can help you get back on your feet including the following:

- 1. £500 for any household in a residential property that has been flooded for us for general recovery
- 2. Up to £5000 for any residential or business property that has been flooded and wants to carry out resilient repairs to make their property more repairable in the event of flooding or install resistant measures, such as installation of flood barriers.
- 3. Business Recovery Grants to help businesses get back on their feet
- 4. Funding for individuals and families from the Cumbria Community Foundation
- 5. Help for voluntary, sporting and community groups
- 6. Help with Council Tax and Business Rates
- 7. Support for Farmers

1. £500 for any residential property that has been flooded

The government is providing local authorities with Community Grants as part of the Communities and Business Recovery Scheme. This will be equivalent to up to £500 per household affected by flooding between the 3-11th December 2015. It will help with recovery costs such as provision of temporary accommodation.

In Cumbria this will mean a fixed payment of £500 for a household that has been flooded.

For those properties that already pay their council tax by Direct Debit the good news is that you don't need to do anything! This payment will have been paid directly into your bank account and the payment will show up as a payment from your local district council who are administrating the scheme. The first payments were made before Christmas.

If you do not pay your council tax by direct debit, or you haven't received the automatic payment and think you are eligible, then please contact your local district council who will be happy to help you apply for the payment.

Allerdale Borough Council floodgrants@allerdale.gov.uk or call 01900 702 600

2. Up to £5000 for any residential or business property that has been flooded and wants to be more flood resilient and install some home flood defences. Current deadline December 2016

The government has also made available up to £5000 to homeowners and businesses that were flooded over the incident period 3 – 11 December 2015, the grant is to assist households and business carryout measure in their properties to help them recover quicker from a flood should it occur again, making the property more resilient.

If you would like further information on the grant scheme, then please contact your local district Council. They will be able to provide you with information on the application process and will be able to direct you towards information from professional sources to assist you with your application.

Part of the eligibility criteria allows you to get a qualified surveyor to assess your home and make a professional recommendation as to how the money is best used/invested. £500 of the overall £5000 can be claimed against that cost. Alternatively there is free advice available on the DEFRA website.

Please contact your local council for more information:

Allerdale Borough Council floodgrants@allerdale.gov.uk or call 01900 702 600

3. Grants to help businesses get back on their feet

Grants are still available to support businesses severely affected by the recent flooding. Grants are available to non-farming small and medium sized businesses (up to 250 full time equivalent employees).

Grants can be used for a wide range of activities to support survival and recovery such as marketing, interest payments on new and existing loans, specialist advice, training, equipment and other activities supporting implementation of a recovery action plan.

Growth Hub advisers are available free of charge to assist with development of action plans and help put together the application. All applications must be reviewed and signed off by a Growth Hub adviser.

They can also provide other practical advice and support and link businesses into other advice, support and funding available to them.

Application packs, including guidance notes on the scheme, are available to download at www.cumbriagrowthhub.co.uk.

The application process is simple and 75% of the grant will be paid up front within days of approval. To apply contact Cumbria Business Growth Hub, 0844 257 8450 or info@cumbriagrowthhub.co.uk.

So far over 200 businesses have been helped and over £1.2 million given out in grant payments.

4. Funding for individuals and families from the Cumbria Community Foundation

The Cumbria Flood Recovery Fund 2015, which is being run by the Cumbria Community Foundation will provide financial assistance to help individuals and families who have been affected. So far 1,463 grants have been awarded totalling payments of over £1.2 million.

There is help available for individuals and families whose homes have significant structural damage from flooding and for employees who have lost work or income because of storm or flood. Please go online to apply at www.cumbriafoundation.org.

5. Help for voluntary, sporting and community groups

Voluntary and community organisations also play a vital role in supporting communities during times of need and grants will be made available to them also.

Support is available to voluntary and community groups who are providing immediate relief to people and longer term community rebuilding projects. Support will also be provided to flood affected community facilities. Please apply on line at www.cumbriafoundation.org or call 01900 825760

If you are a sports group which has been affected by the flooding, there are grants available from Sport England at: http://www.sportengland.org/funding/our-different-funds/flood-relief-fund/

6. Help with council tax and business rates

Council Tax - If you had to move out of your home because of flooding you will receive a 100% discount on both your flooded home and the property you have moved to if you are liable to pay council tax on your temporary home. If you are continuing to reside in the property that has been flooded but are unable to use the whole property, for example, using only the upstairs rooms, you are also eligible for a discount

Business Rates – there is 100% rate relief for a three month period to all businesses flooded. The relief applies for the full three months even if the premises reopen within that time. A fresh application can be made if the adverse effects continue and will be considered by the Council. The total maximum period for which relief can be obtained is 12 months.

Please contact your local council for more information on the above:

Allerdale Borough Council <u>revenues@allerdale.gov.uk</u> or call 01900 702 530 for Council tax and 01900 702 990 for business rates

7. Support for Farmers

Farmers affected by the recent flooding in the North of England can apply for up to £20,000 of government money to help restore damaged agricultural land.

The Farming Recovery Fund provides money to help farmers in Cumbria, Northumberland and North Lancashire. It covers damage from the flooding which took place between December 4 and December 9, 2015.

The minimum grant available is £500 and the maximum £20,000. Applications can be made until Friday 18 March 2016. For more information go online at http://www.nfuonline.com/about-us/our-offices/north-west/cumbria/latest-news/farming-recovery-fund-opens-for-applications/

Or call the North West regional office on: 024 7685 8500

Water and waste water bills

If you were affected by flooding and had to move out of your home or business then United Utilities will suspend your water and waste water bills.

If you need help or want advice please call

Domestic 0800 912 7239

Business 0345 072 6072

OTHER FUNDING SOURCES

Individuals

Keswick Lions & Rotary Club joint fund

For individual needs and requests from flooded residents in postcode area CA12 the Keswick Lions and Rotary club have joined forces to offer a financial assistance fund. For a request to be considered simply leave in a sealed envelope at The Skiddaw Hotel Reception ensuring you include your flood affected property address and current contact details

- BT Benevolent Fund for anyone who has been an employee of British Telecom or (in some cases) its
 predecessor companies. Can also help dependents, e.g. the widow/er of a former BT employee. They
 make financial grants to those with limited means. Contact 0208 726 2145 or email
 benevolent@bt.com
- Rowland Hill Fund charity supporting Royal Mail and Post Office staff, pensioners and their dependants. Give financial grants towards the cost of temporary accommodation, out of pocket expenses, insurances excesses, essential household items and much more. Contact 0800 6888 777, option 1 then option 4.
- EON Energy Fund flood victims may be eligible for a brand new replacement washing machine, fridge freezer, cooker and boiler. Do not need to be an EON customer to apply. Contact 03303 80 10 90, option 1 www.energyfund.com

Farming Communities

- The Prince's Countryside Fund will work alongside The Prince's Business Emergency Resilience Group (BERG). Farming Help Hotline 03000 111 999.
- Royal Agricultural Benevolent Institution (RABI) has encouraged victims to contact them for funding: 0300 303 7373 or email <u>grants@rabi.org.uk http://www.farmingfutures.org.uk/blog/rabi-will-fast-track-help-flood-victims</u>
- Addington Fund Providing homes for farming families http://www.addingtonfund.org.uk/
- Farm Crisis Network help and advice Brian Armstrong 0776 2596226
- Defra Farms can claim £20,000 each for flood repairs. Farmers who want to apply for the Farming Recovery Fund should call the Rural Services helpline on 03000 200 301.
- Forage Aid 07967 219 991

E.ON Energy Fund has temporarily altered its scheme to maximise the assistance available to flood victims by offering multiple white goods to those whose homes have been damaged by the flooding. In order to fast track these applications they must clearly state at the top of the free text box section **'FLOOD APPLICATION'**. Please note all emergency flood applications will be validated against the post code flood areas for verification of their location.

Applicants MUST qualify against one or more of the first stage eligibility criteria below:

- In receipt of pension credit
- In receipt of means tested Council Tax reduction
- In receipt of Child Tax Credits with a total gross household income less than or equal to £16,190
- In receipt of Income Related Employment and Support Allowance
- In receipt of Working Tax Credits with a total gross household income of £16,190 or less
- In receipt of Income Support or Income based Jobs Seekers Allowance
- In receipt of Universal Credit, however are not self-employed or in work
- A total household of income of £16,190 or less
- Are seriously ill or have a terminal illness, which can be validated with a letter from a Doctor or Medical Practitioner.

The quickest and easiest way to apply to the E.ON Energy Fund is via its online form which can be accessed here http://www.eonenergyfund.com/

Please note the emergency flood assistance is available for a limited time only.

Who Do I call for help?

General Flood Recovery enquiries or to volunteer offers of help contact CCC area support office

Tel: 01900706188

Citizens Advice Bureau

An adviser is available in the Keswick office every Monday 10am -3pm or telephone the Workington Office on week days 9am-5pm Tel: 01900604735

Housing & Accommodation

If you need help finding accommodation contact:

Allerdale Borough Council Housing Team Tel:01900702570

Your Derwent & Solway Tel: 03453450272

Home group Tel: 03451414663

Impact housing association Tel: 03448736290

Keswick Tourism (for private sector rentals) Tel: 01768775738 or linda@keswick.org

West Cumbria Carers

Financial assistance and practical advice for carers in the Keswick area Tel: 01900821976

Cumbria County Council Welfare Team

Emergency financial assistance towards essential costs call CCC Advice & support team

Tel: 01228221100

Housing Benefits

For help and advice call Allerdale Borough Council Tel: 01900702560

Useful Contact Information

AGE UK: 08443 843843 nci.info@ageukwestcumbria.org.uk

Allerdale Borough Council: 01900 702702

Business Growth Hub: 08442578450 or info@cumbriagrowthhub.co.uk

Citizens Advice Bureau: Workington 01900 604735 or Keswick 01768773472

Churches Together in Keswick Street Friends Headquarters: 017687 71187 or

admin@crosthwaitechurchkeswick.co.uk

Consumer Direct (to report bogus tradesmen): 08454 040506

Cumbria Chamber of Commerce (West Cumbria): 01946 592329

Cumbria Community Foundation: 01900 825760 or http://www.cumbriafoundation.org/

Cumbria County Council Adult Social Care: 01768 812233

Cumbria County Council Children & Families Info Service: 08457 125 737

Cumbria County Council General Enquiries: 01228 606060

Cumbria County Council Welfare Team: 01228 221100

Cumbria County Council Highways to report problems

(including parking permit enquiries): 0845 6096609

Cumbria County Council Voluntary Car Scheme: 07788 396194

Cumbria Law Centre: 01228 515129

Environment Agency: 03708 506506

First Steps: 03001239122

Floodline: 0845 9881188

Gas Safe Register (Gas Safety Advice and registered local engineers): 0800 4085500

Home Group 03451414663

Impact Housing 03448736290

Keswick & District Voluntary Car Scheme 01768780105

Keswick Flood Action Group (K.F.A.G.)Chair Lynne Jones 01768774075 or info@hazelmerekeswick.co.uk

Keswick Tourism Association 01768775738 or linda@keswick.org

Keswick Town Council 01768773607 or office@keswicktowncouncil.gov.uk

NFU customers: 0808 278 8916

National Flood Forum: 01229 403055

NHS Direct: 111 (Also for prescription help & Advice)

North West Electricity 0800195414

Police: 101 (999 for Emergencies only)

Red Cross: 03448 711111

RSPCA: 0300 1234999

CCC Rural Wheels: 0845 6023786

Samaritans: 116123

Transco (Gas Leaks): 0800 111999

Traveline (trains etc): 0871 2002233

Victim Support (crime): 0300 3030157

Workington (Local for Keswick) Police: 01900 638830

WRVS: 01228 524508

Your Derwent & Solway Housing 03453450272

For offers of help including volunteering, donations and accommodation please contact the County Council Area Support Team on 01900 706188 or email allerdale.areasupport@cumbria.gov.uk.