

**2017 Dates:**

**19th January –Carlisle**

**16th February – Kendal**

**16th March -Barrow**

Content is flexible based on your priorities.

Guidance from Health Care Professionals

**Living Well**

**With and Beyond Cancer**

Goal setting

Opportunities for support

For more details please contact: **Sarah Howard**

**07747 790463** **sarah.howard@cumbria.nhs.uk**

Discuss the impact of cancer upon relationships

**Finished Cancer Treatment….What now**?

You are invited to an informal half day event to support your recovery and rehabilitation.